Dear Parents and Wrestlers,

 My name is Juanpablo De Leon and I am the head coach of this year’s wrestling team. I believe that wrestling is the hardest sport a student can choose to participate in school, but I also believe it reaps the most reward. The sacrifice is immense, but the reward is priceless.

 I am born and raised in Chandler, Arizona where I attended Pueblo Middle School and began my life as a wrestler in sixth grade. I went on to wrestle at Corona del Sol High School where I am now a member of their wall of fame. At Corona I placed fifth in state at 171 pounds in 2011. I am very proud to be coaching at CMS for my third year.

 Parents and coaches are on a team; we must work together and never break the line of communication. Although wrestling is an individual sport, it takes a team and a community to make a group of champions and form a sense of family on and off the mat.

All practices will be **MANDATORY** Monday-Friday. If a wrestler is going to miss practice I must receive a call, text, or email from a parent indicating why they are missing practice, or a written doctor’s note, otherwise the practice is not excused.

**Practice will run from 3:30 to 6:15 M,T,TH,F** **and** **2:15 to 5:00** **on Wednesdays**.

Tardiness and absences are not permitted and will result in extra conditioning.

 We will have practices on Saturdays. These practices are optional, but the expectation to put in the hours to succeed is always present. We will also be inviting wrestlers to go to weekend tournaments and invitational duals which will also be held on Saturdays. These competitions are highly recommended to maximize the number of matches you can have in a season.

 If you have any additional questions do not hesitate to call me, or email me. If I do not answer that means I am in class or at practice. In any case a text would be the best way to get an immediate response. (480) 268-4070; juan.pablo.deleon@hotmail.com

Sincerely,

Juanpablo De Leon